

# The Turning Point: Inside Out

## Character Built-to-Last

The purpose of the Workshop:

High school seniors and college students absorb terrific amounts of “outside-in” data and concepts, explaining, describing, and making sense of the world “out there,” much of which is essential and very valuable. However, this “outside-in” (extrinsic) approach to develop our young people often does not tap, ignite, nor harness the value and the heart of students, especially in their “designing” their own lives and careers. In the VSA “Inside-Out” (intrinsic) approach, students take responsibility for realizing and seeing that their life is quite literally in their own hands. In The Turning Point, they get to see and gut – level experience that they really are responsible for their lives, 100%. They discover that they have a real, unmistakable say in how their present and future life events will actually go. By “inside-out” we mean what the student stands for: their character, their vision, their values, and their ability to communicate their value in the real, live market place. These aspects of “character” and their vision necessarily require the student to inquire and generate for themselves the answers to key life questions:

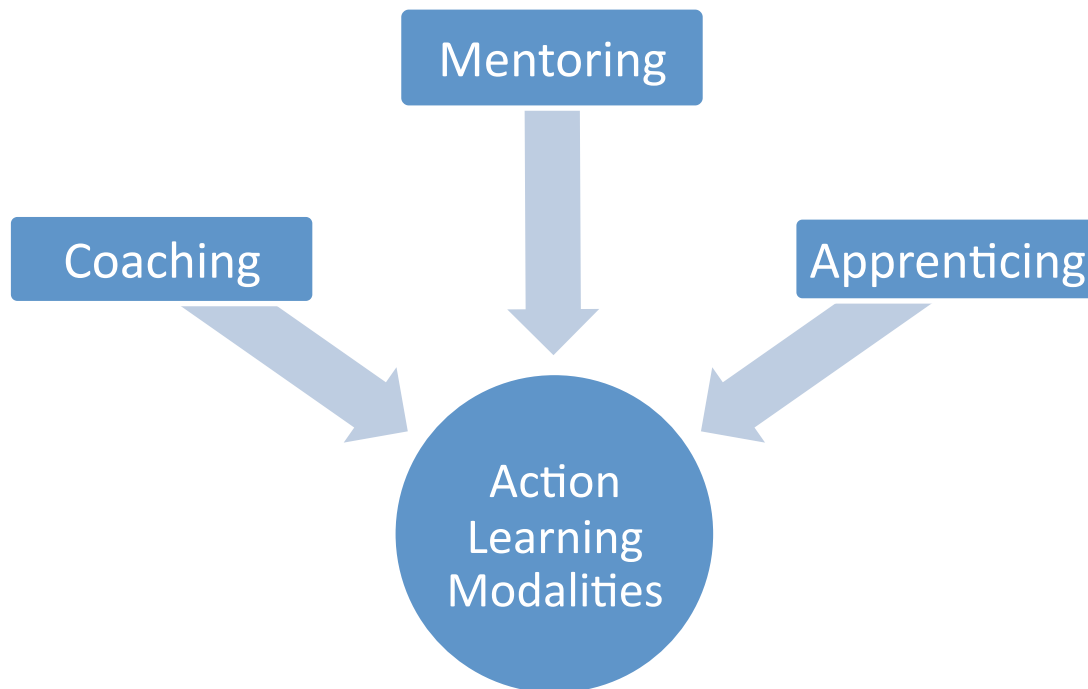
1. What do **I**, in fact, stand for?
2. What is a purpose? What is **my** purpose?
3. What is a vision?
4. What is **my** vision for the future?
5. What values matter to **me**?
6. What am **I** willing to be accountable for?
7. What are **my** core competencies (abilities that each person has)?
8. What is **my** “value proposition” for others, especially future employers?

We do this with them through guided, fun interactions. The instructors evoke the students' skills and learning in:

- Writing
- Asking questions
- Sharing their experience authentically
- Listening
- Developing their purpose and vision
- Committing themselves

This workshop does not displace or replace the learning and knowledge they have done, do currently, and will do. It comes alongside their learning and knowledge as their stand, purpose, vision for their career and life such that the knowledge and learning they do in school becomes more useful, relevant, practical, and real.

Some approaches to on-the-court action-learning have successfully included:



In “**The Turning Point: Inside-Out**” we pay particular attention to the “art” of **coaching**. We define coaching as:

- **Coaching:** The ability to evoke, elicit, and invent new abilities in others in contrast with:
  - **Teaching:** the ability to transfer information about what is already known from one person to another.
  - **Consulting:** bringing expertise to solving specific problems.

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Thank you!